

NHS Friends and Family Test

We value your feedback and want to make our services as good as possible for you. That's why we'll be asking you the following simple question:

“How likely are you to recommend our services to friends and family if they needed similar care or treatment?”

This will be sent to you either by text or as an automated telephone survey within 48 hours of leaving our services which will ask you to rate your experience. We will use your feedback to assess the quality of our service so your response would be very much appreciated. However if you do not wish to take part you can simply reply STOP when you receive the message. Responses to the survey are FREE.

For more information on the Friends and Family Test, please visit www.nhs.uk/friendsandfamily, email patient.experience@ulh.nhs.uk or speak to a member of staff.

Donations

Please contact the Bowel Screening Office directly should you wish to make a donation.

Gift Aid It

Use Gift Aid and you can make your donation worth more. For every pound you give us, we get an extra 25p from the Inland Revenue. Its that simple!

Bowel Screening Team

Bowel Screening Department
 Lincoln County Hospital
 01522 597548

The Trust endeavours to ensure that the information given here is accurate and impartial.

If you require this information in another language, large print, audio (CD or tape) or braille, please e-mail the Patient Information team at patient.information@ulh.nhs.uk

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Information following Bowel Scope Flexible Sigmoidoscopy Screening

Bowel Cancer Screening Programme
 Lincolnshire Screening Centre
 01522 597548

www.ulh.nhs.uk

What has happened today

Today you have had a flexible sigmoidoscopy. Your Endoscopy Nurse or Specialist Screening Practitioner (SSP) will have discussed the results of the test with you immediately after the procedure which will be one of the following outcomes:

- Nothing abnormal was detected during the procedure and the nurse will have given you copies of discharge letters and a post procedure advice leaflet.
- A condition called Diverticular Disease was found during your flexible sigmoidoscopy – an advice leaflet has been provided regarding this.
- Polyps have been removed from your bowel – an advice leaflet has been provided regarding polyps. As soon as these results are available you will be contacted by the screening team to be given the results.
- You have had some samples taken from your bowel. As soon as these results are available you will be contacted by the screening team to be given the results.
- You require a further procedure - this will have been discussed with you and arranged by the SSP.

What can I expect after the test

You may experience some mild to moderate windy pains in your abdomen. Although unpleasant, these are normal and should stop within 24 hours. If you had a polyp removed or a biopsy performed you may experience a little bleeding - this is normal.

- **If you have any problems with persistent abdominal pain or bleeding please contact your GP immediately. If it is out of hours please contact the NHS non-emergency service on 111 informing them that you have had a flexible sigmoidoscopy.**
- **If you feel the problem is more urgent then please attend your nearest Accident and Emergency Department taking your endoscopy report with you.**
- **If it is an emergency dial 999.**

What happens next

If you would like to discuss your appointment, test or results please do not hesitate to contact the Bowel Screening Team on **01522 597548**.

We are usually in the office between **8.00am and 4.00pm**. There is an answer machine where you can leave a message outside these hours and one of the team will call you back before the end of the next working day.

If your Bowel Scope Screening was normal your screening episode is now complete. You will not be called for screening again until your 60th birthday, at which point you will be invited to take part in the Bowel Cancer Screening Programme, when you will be sent a home testing kit in the post.

If you do have any worries or concerns in the interim regarding your bowels, then please do not hesitate to contact your GP practice.